



Ready, Set, Go!

Provider Survey

Thank you for participating in the Ready, Set, Go series. Our goal is to make the services we provide educational, informative, and enjoyable. By completing this survey, you can help us in evaluating our program and its effectiveness.

Section 1: Knowledge Change.

Post/Pre-Test n=50	<u> </u>	AFTER	R the S	Series	}	<u> </u>	BEFOR	RE the	Serie	s
How much did you know about the following topics	Not at all	A little	Some	A lot	All	Not at all	A little	Some	A lot	All
Physical activity recommendations for toddlers and preschoolers.	4%	0%	1%	72%	14%	16%	3%	40%	12%	2%
Effects of television on young children.	0%	4%	12%	70%	14%	6%	20%	38%	30%	6%
3. The importance of playground, sun and water bottle safety.	0%	0%	8%	66%	26%	0%	20%	40%	30%	10%
4. How to provide structured and unstructured physical activity.	2%	0%	16%	70%	12%	4%	24%	50%	20%	2%

Section 2: Behavior/Attitude Change Not Likely Very Likely

Because of the handouts, do you plan to do more of the following:	1	2	3	4	5	6	7
Include more structured and unstructured activities for children.	0%	2%	2%	6%	18%	30%	42%
2. Offer water frequently when children are physically active.	0%	0%	0%	2%	14%	22%	62%
3. Consider safety when children are physically active.	0%	2%	0%	2%	8%	12%	76%
4. Be physically active with children.	2%	0%	2%	2%	14%	22%	58%
5. Limit TV and other sedentary activities for children.	2%	0%	4%	0%	10%	14%	70%



Section 3: Usefulness

Ready, Set, Go! Series	STRONGLY DISAGREE		STRONGLY AGREE				
n=50	1	2	3	4	5	6	7
1. I gained knowledge or skills.	0%	0%	2%	6%	20%	22%	50%
2. The information is useful.	0%	0%	0%	4%	10%	26%	60%
3. I will use this information to better support children/youth/families.	0%	0%	0%	0%	14%	30%	56%
4. I would recommend this program to others.	0%	0%	0%	4%	10%	26%	60%

Section 4: Application.

1.	what have you observed about physical activity practices of the children in your care?	
2.	What information was the most helpful from the workshop?	
3.	What suggestions do you have to improve the workshop?	
4.	Please list several ways you will use the information from the workshop. •	
	•	
4.	What future nutrition and physical activity education would you most like to receive?	

Let's Read Together Retrospective Evaluation Results ~ Preschool Workshops

July 1, 2004 ~ February 28, 2005 Evaluation taken at the end of each workshop

n = 109

1. Understand the importance of reading to your child everyday.

70%	76	no gain
26%	28	1 pt gain
5%	5	2 pt gain
0%	0	3 pt gain

2. Know how to effectively read aloud with your child.

58%	63	no gain
30%	33	1 pt gain
12%	13	2 pt gain
0%	0	3 pt gain

3. Understand the importance of singing songs and saying rhymes with your child.

50%	55	no gain
31%	34	1 pt gain
17%	18	2 pt gain
2%	2	3 pt gain

4. Understand the importance of talking and listening to your child.

```
68% 74 no gain
24% 26 1 pt gain
8% 9 2 pt gain
0% 0 3 pt gain
```

5. Understand your role as your child's first and foremost teacher.

68%	74	no gain
22%	24	1 pt gain
9%	10	2 pt gain
1%	1	3 pt gain

n=22 Is Your Mama a Llama?

6. Know how to provide activities that support your preschooler's development.

41%	9	no gain
45%	10	1 pt gain
14%	3	2 pt gain
0%	0	3 pt gain

7. Know how to effectivley use rhyming books with your preschooler.

```
45% 10 no gain
```

```
45% 10 1 pt gain
5% 0 2 pt gain
5% 1 3 pt gain
5% 1 4 pt gain
```

n=31 The Little Mouse, the Red Ripe Strawberry, and the Big Hungry Bear

6. Understand the important role of reading in the early brain development of preschoolers.

```
35% 11 no gain
45% 14 1 pt gain
16% 5 2 pt gain
3% 1 3 pt gain
```

7. Know how to effectively use picture stroybooks with your preschooler.

```
16% 5 no gain
42% 13 1 pt gain
32% 10 2 pt gain
10% 3 3 pt gain
```

n=26 Alphabet Fiesta

6. Know how to prepare your preschooler for the transition to school.

```
46% 12 no gain
46% 12 1 pt gain
8% 2 2 pt gain
0% 0 3 pt gain
```

7. Know how to effectively use alphabet books with your preschooler.

50%	13	no gain
38%	10	1 pt gain
12%	3	2 pt gain
0%	0	3 pt gain

n=23 Rosie's Walk

6. Know how to select age appropriate books for your preschooler.

52%	12	no gain
35%	8	1 pt gain
13%	3	2 pt gain
0%	0	3 pt gain

7. Know how to effectively use storybooks with your preschooler.

```
30%7 no gain17%4 1 pt gain
```

52%122 pt gain0%3 pt gain

n = 109

1. How likely are you to do the activities suggested in this workshop?

 0%
 0
 1 Not Likely

 1%
 1
 2

 3%
 3
 3 Likely

 23%
 25
 4

 73%
 80
 5 Very Likely

2. How likely are you to provide more reading and language opportunities for your child?

 0%
 0
 1 Not Likely

 1%
 1
 2

 0%
 0
 3 Likely

 21%
 23
 4

 78%
 85
 5 Very Likely

3. How likely are you to attend another "Let's Read Together" workshop?

 2%
 2
 1 Not Likely

 2%
 2
 2

 7%
 8
 3 Likely

 17%
 18
 4

 72%
 79
 5 Very Likely

4. How likely are you to recommend "Let's Read Together" to a friend?

 0%
 0
 1 Not Likely

 1%
 1
 2

 6%
 6
 3 Likely

 17%
 18
 4

 77%
 84
 5 Very Likely

Ready, Set, Go! Provider Survey Results

n=50

MaleFemale WhiteAfrican AmAm Indian HispanicAsianUnknown1493801236

Years Experience: >2 years 2 to 10 years <10 years 13 14 17

Children Currently Served:

n=526

0-2 yo 3-5 yo 105 421

MaleFemaleWhiteAfrican AmAm IndianHispanicAsianUnknown29922743742381530

What have you observed about the physical activity practices of children in your care?

n=41

13 = Sedentary/need more PA

9 = Get enough PA

8 = Children enjoy PA

6 = Happier & better behaved when they are physically active

5 = More structured activities

What information was most helpful from the workshop?

n=44

24 = PA ideas

15 = PA guidelines/recommendations

3 = Support/handouts

2 = All of it

What suggestions do you have to improve the workshop?

n=28

18 = None

7 = More interaction/sharing/ideas

2 = More factual information

1 = Wear comfortable clothes

Please list ways you will use the information from the workshop.

n=119

39 = Increase PA w/children

24 = Share w/parents

18 = More creative PA w/children

13 = Share with staff

9 = Increase safety 8 = Increase structured PA w/children

7 = Personal use

What future nutrition and PA education would you like to receive?

n=29

10 = Creative games/activities

8 = Menus

7 = Anything 3 = Child nutrition

Nutrition & Literacy - Anecdotal Data

Let's Read Together Comments from Participants ~ Preschool Workshops

July 1, 2004 ~ February 28, 2005 Evaluation taken at the end of each workshop

n=84		List one change you will make as a result of this program:
24%	20	Will read with child
37%	31	Will extend the story w/ additional activities (games, props, crafts, singing etc.)
14%	12	Will apply the skills learned in the workshop
11%	9	Will have more conversations with child
10%	8	No changes to the program
4%	3	Plan to share the information with others
1%	1	Other
n=93		What did you like best about this program?
38%	35	Activities suggested and presented
23%	21	Good informtion that was covered in the workshop
12%	11	Hands-on, interactive nature of the workshop
10%	9	Receiving a free book
10%	9	The overall workshop
9%	8	The new ideas
n=61		How could this program be improved?
66%	40	Make no changes ~ the workshop is good as is
16%	10	Want additional information
11%	7	Want the workshop to be longer
3%	2	Want a different location or space
3%	2	Want more people to attend

Let's Read Together Follow Up Evaluation Results ~ Preschool Workshops

July 1, 2004 \sim February 28, 2005 Mailed to participants 6 weeks after workshop date \sim 44 mailed to date n=21

2. After attending the workshop, how many of the workshop activities did you do with your child?

10%	2	none
29%	6	a few
24%	5	some
33%	7	most
5%	1	all

3. After attending the workshop, how many of the activities in the Family Activity Book did you do with your child?

10%	2	none
29%	6	a few
29%	6	some
29%	6	most
5%	1	all

4. As a result of attending the workshop, which of the following are you doing more often with your child?

71%	15	reading to your child
62%	13	asking and answering questions
48%	10	creating other activities based on the book your read
29%	6	singing with your child
52%	11	providing more books and reading materials in your home
62%	13	limiting TV viewing
33%	7	taking your child to visit the library
5%	1	getting a library card for you and your child
29%	6	having more paper and crayons/markers/pencils available for your child to use
10%	2	giving your child books or magazines as a gift

5. As a result of attending the workshop, which of the following are you doing more often as a parent?

33%	7	reading more often yourself
76%	16	talking with your child
19%	4	using words to label items in your home
24%	5	showing your child how you use print to solve problems (reading map, recipe, directions)
86%	18	promoting reading as a fun, recreational activity

6. Indicate your disagreement or agreement with the following statements:

a. I am more confident in reading aloud with my child

1	0	0% Strongly Disagree
2	1	5%
3	7	33% Agree
4	4	19%
5	9	43% Strongly Agree

- **b**. I have more realistic expectations of my child
 - 1 0 0% Strongly Disagree
 - **2** 2 10%
 - **3** 5 24% *Agree*
 - **4** 6 29%
 - 5 8 38% Strongly Agree
- c. I am more willing to sing songs and say rhymes with my child
 - 1 0 0% Strongly Disagree
 - **2** 2 10%
 - **3** 6 29% *Agree*
 - **4** 5 24%
 - 5 8 38% Strongly Agree
- d. I am more confident in my ability to select appropriate books for my child
 - 1 0 0% Strongly Disagree
 - **2** 2 10%
 - **3** 4 19% *Agree*
 - **4** 7 33%
 - 5 8 38% Strongly Agree
- e. I am more confident in my ability to provide activities that support my child's literacy development
 - 1 0 0% Strongly Disagree
 - **2** 1 5%
 - **3** 3 14% *Agree*
 - **4** 9 43%
 - 5 8 38% Strongly Agree
- f. I am more confident in my role as my child's first and foremost teacher
 - 1 0 0% Strongly Disagree
 - **2** 1 5%
 - **3** 4 19% *Agree*
 - **4** 7 33%
 - 5 9 43% Strongly Agree

7. As a result of the workshop, to what extent have you observed your child participating more in these activities:

- a. shows more interest in books
 - 0 2 10% *No Change*
 - 1 7 33%
 - **2** 8 38% A Fair Amount More
 - **3** 2 10%
 - 4 2 10% Significantly More Change
- **b**. knows and uses more words
 - 0 2 10% *No Change*
 - 1 9 43%
 - **2** 6 29% A Fair Amount More
 - **3** 2 10%
 - 4 2 10% Significantly More Change
- c. knows and sings more songs
 - 0 4 19% *No Change*
 - 1 7 33%
 - **2** 4 19% A Fair Amount More
 - **3** 4 19%
 - 4 2 10% Significantly More Change

d. knows and says more rhymes and fingerplays

0 4 19% *No Change*

1 7 33%

2 6 29% A Fair Amount More

3 3 14%

4 1 5% Significantly More Change

e. uses more writing materials

0 1 5% No Change

1 8 38%

2 7 33% A Fair Amount More

3 1 5%

4 4 19% Significantly More Change

f. wants to be read to more often

0 3 14% *No Change*

1 6 29%

2 7 33% A Fair Amount More

3 2 10%

4 3 14% Significantly More Change